

THE REFEREES

1. The referee on the field is responsible for control of the game and has the full authority while on premises at The Wellness Center.
2. The referee's decisions regarding play are final.
3. The Wellness Center has the authority at its discretion to add an additional referee on or off the field in order to assist and/or control the game being played. This additional referee may initiate their authority at any time during the course of a game & has full authority of the original referee.
4. Management is very interested in the evaluation of a referee from team manager(s) as long as such discussions are done in a composed and proper manner.

PLAYER EQUIPMENT

1. **All players MUST have the proper color jersey/shirt to participate. Teams must bring an alternate jersey color to every game in case of conflicting colors.** Goalkeepers must be in a distinguishing color shirt from either team. **PULLOVERS WILL NOT BE GIVEN OUT TO INDIVIDUALS. NO EXCEPTIONS!**
2. Due to the close proximity of play, a player shall not participate with the following items: rings with exposed edges, dangling ear rings, necklaces that are not secured inside the shirt, metal/dangerous knee braces, non-padded or inadequately padded casts, or other equipment that may be dangerous to another player.
3. **NEW FOOTWEAR REQUIREMENTS:** Customer feedback has indicated a strong preference to play with regular indoor shoes. Due to a maintaining turf surface and player safety indoor footwear will be restricted to indoor soccer shoes or gym shoes, as well as traditional turf shoes, with the following restrictions: **FLAT BOTTOM SHOES:** includes most athletic, court, cross training shoes. **TURF SHOES:** must be a minimum of 20 studs with a maximum depth of 5/16" (8mm). Any questions must be directed to the facility management for approval.
4. All players are required to wear covered shin guards.

BENCH AREA RESTRICTIONS

1. Players from the next game are not allowed in the bench area until completion of the previous game. Players preparing to **enter the field for the next game shall do so through net on the opposite side of the field from the bench area.**
2. **SPECTATORS NOT ALLOWED IN BENCH AREA:** Only participating players and coaches are allowed on the field or in the bench areas during warm-up or half time (this includes adult games). At NO TIME are spectators allowed on the track.
3. **ONLY PARTICIPATING PLAYERS & TWO ADULT COACHES ARE ALLOWED IN THE BENCH AREAS DURING GAME.**
4. Designated HOME TEAM shall occupy the home team bench and occupy the field end nearest to the basketball court for the first half. Home team is the first team listed in the game schedule.

NUMBER OF PLAYERS/ROSTER

1. All Rosters must be completed and kept on file at The Wellness Center prior to the first game.
2. The roster size is unlimited as long as:
 - a. Player meets the age and gender criteria.
 - b. Each player has a current signed Consent form on file at The Wellness Center
 - c. Is not on a roster or play on another team in the same league division. Players are bound to play with that team for the duration of the session/tournament
 - d. Each player and coach must sign the roster in order to play or coach for that team.
3. **Substitute/guest players:** a team will be allowed to have up to 3 guest substitute players on the bench from other teams within the league before the game commences provided it does not exceed the number of bench substitutes of their opponent. Guest Players must have a current waiver form on file in order to participate (in our Co Ed Leagues: a team can have up to 3 females and 2 males). **Guest players are especially required to play with in the spirit of the league and level of play.** Facility staff has the right to adjust the participation of specific or amount of guest players during the progress of the game, in consideration with the spirit of the competition (e.g. Guest player tips the balance of play, overloads one team with more subs than the opponents, regular team players come late causing subs on sideline to be more than 3). **Guest players that are ejected are suspended from play on original team of play and are no longer allowed to participate as a guest player.** Adding additional players from other teams after the game has started is at the discretion of the referee. (Also see "Number of Players").
4. Proper number of players with one designated by color as the team goalie: U10/9: 7 + goalie, U11 and Older is 8 + goalie.
5. The minimum number of players allowed to start the game shall be one less than the proper number of players listed above.
6. A team may not fall below the minimum number of players during the game or it shall be determined a forfeit. If a team has only the minimum amount of players any rest or penalty to a player will result in a game forfeit.
7. Any team forfeiting game(s) shall be considered for removal of remaining games scheduled without refund.
8. The Mayor Ralph A. Infante Wellness Center has a "5-8" rule for all ages (tournament rules may not include this). If a team is behind by 5 or more goals they may add an additional player onto the surface. An additional player can remain on the surface until the goal differential has been reduced to less than 5. This occurs again at an 8 goal deficit.